



Pain

Should subdue after 24 hours. Worsening post-operative pain suggests a potential abdominal complication, and the patient

requires urgent assessment

Larger procedures: May have to wait longer Heavy lifting Patients advised initially not to lift anything heavier than a kettle or a shopping bag until: Smaller Larger procedures: procedures: 4 weeks



## Patients usually advised not to fly for 24 hours after laparoscopy,

and to use thromboembolic stockings if flying within one month of surgery





**Analgesics** Smaller procedures: Regular for 1st week

Larger procedures:

Regular analgesia may be needed for longer

## Infection

Antibiotics may be required for patients with wounds that are:

(Swollen) (Tender)

Red Oozing Hot

Refer patient urgently to hospital if there is concern about deeper infection



## Return to work

Usually an individual decision, based on patient's occupation and operation performed

Smaller procedures:

May only need 2 weeks off work

Larger procedures:

A longer break may be needed

Consider gradual return to work

Thromboprophylaxis

For 28 days after cancer or bariatric procedures



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